

# NORTHWEST AERIALS GYMNASTICS, DANCE, NINJA & TRAMPOLINE

## SEPTEMBER 2018—JUNE 2019 SCHEDULE OF CLASSES

Session #1: September 10th-November 17th Session #2: November 19th-February 2nd

(No classes Thursday & Friday November 22nd & 23rd and December 24th-January 1st)

Session #3: February 4th-April 13th

Session #4: April 15th-June 22nd (No classes Monday May 27th Memorial Day)

### DROP-IN CLASSES: No pre-registration required.

**Drop-In Fee: \$10/child/class**

**10 class card: \$90 20 class card: \$150**

(siblings may share one card, cards expire 4 months after day of purchase)

**Extra Gym:** Supervised, non-structured time in the gym.

Saturday 1:00-2:00pm

**Wiggle Worms:** For ages 1 - 3 1/2 \*with parent\*. This is a semi-structured class guided by an instructor.

**Tuesday** 9:30-10:10am

5:45-6:25pm

**Wednesday** 11:00-11:40am

**Saturday** 9:15-9:55am

12:15-12:55pm

12440 128TH LANE NE  
KIRKLAND, WA, 98034  
NWAGYM@GMAIL.COM

REGISTER

Online at [www.NWAERIALS.com](http://www.NWAERIALS.com)

Phone: (425)823-2665

### CLASS FEES

~Sessions are 10 weeks, Pre-Registration is required~

\*\*\*\$25 annual registration fee per family

\*\*\*\*One 40-55 minute class: \$195 per session

\*\*\*\*One 70 minute class/week: \$240 per session

\*\*\*\*One 85 minute class/week: \$270 per session

\*Add a second class per week for the same child: \$40 off per session for the additional class

\*Sibling discount: 10% off additional children (on full session tuition only)

\*Small classes may be combined or cancelled.

\*No refunds, transfers or credits.

### CLASSES FOR 2-3 YEAR OLDS

**Mighty Mites:** Toddler gymnastics class without parent.

Monday 5:30-6:10pm

Tuesday 9:30-10:10am

4:00-4:40pm

6:00-6:40pm

Wednesday 10:00-10:40am

4:30-5:10pm

5:15-5:55pm

Thursday 5:30-6:10pm

Saturday 9:00-9:40am

10:00-10:40am

11:00-11:40am

**Ballet/Gymnastics:** ballet/creative movement and gymnastics in every class.

Saturday 10:00-10:45am

**Ballet/Tap/Gymnastics:** ballet/creative movement or tap (alternating weeks) and gymnastics

Tuesday 10:30-11:15am

### CLASSES FOR 3-5 YEAR OLDS

**Ballet/Gymnastics:** ballet/creative movement & gymnastics

Tuesday 12:15-1:00pm

Wednesday 6:00-6:45pm

Thursday 4:30-5:15pm

Saturday 10:00-10:45am

**Ballet/Tap/Gymnastics:** ballet/creative movement or tap (alternating weeks) and gymnastics.

Tuesday 11:00-11:45

Thursday 6:15-7:00pm

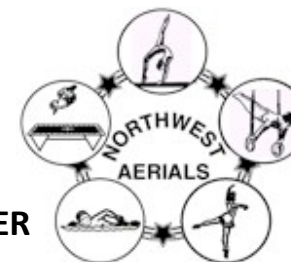
Saturday 10:45-11:30am

**Ballet/Tap**

Tuesday 12:15-1:00pm

Saturday 10:45-11:30am

SEE OTHER SIDE FOR CLASSES FOR AGES 4 AND OLDER



## CLASSES FOR 3.5-5 YEAR OLDS

**Super Mites:** Preschool gymnastics and trampoline class following

**Mighty Mites.**  
 Monday 3:30-4:20pm  
 6:30-7:20pm  
 Tuesday 4:30-5:20pm  
 6:30-7:20pm  
 Wednesday 10:00-10:50am  
 4:15-5:05pm  
 Thursday 9:15-10:05am  
 5:20-6:10pm  
 Saturday 9:00-9:50am  
 10:40-11:30am

**Lil' Ninjas:** Ninja training class for beginners.

Monday 4:30-5:10pm  
 Tuesday 11:00-11:40am  
 5:15-5:55pm  
 Wednesday 5:15-5:55pm  
 6:00-6:40pm  
 Thursday 11:15-11:55am  
 Saturday 9:00-9:40am  
 12:15-12:55pm

### Trampoline & Tumbling:

Basic trampoline & tumbling skills using a variety of trampolines and tumbling surfaces.

Monday 5:15-5:55pm  
 Tuesday 11:45-12:25pm  
 Wednesday 3:45-4:25pm

**Little Aerials: (age 4-6)** \*Instructor approval required\* This is an intermediate gymnastics class that will prepare the gymnast for pre team.

Monday 4:30-5:25pm  
 Tuesday 6:30-7:25pm  
 Wednesday 5:30-6:25pm  
 Saturday 10:00-10:55am

**Super Aerials:(age 4-8)** \*Instructor approval required\* This is an advanced gymnastics class that will focus on the strength, flexibility, dance & basic skills needed for a future in competitive gymnastics.

Monday 6:00-7:10pm  
 Thursday 4:00-5:10pm

## CLASSES FOR 6-10 YEAR OLDS

### Beginning & Advanced Beginning Gymnastics:

Beginning : No experience required  
 Adv Beg: Some experience required  
 Monday 6:15-7:10pm (Beg)  
 Tuesday 4:45-5:40pm (Adv Beg)  
 5:30-6:25pm (Beg)  
 Wednesday 4:00-4:55pm (Beg)  
 6:00-6:55pm (Adv Beg)  
 Thursday 4:15-5:10pm (Adv Beg)  
 5:15-6:10pm (Beg)  
 Saturday 9:45-10:40am (Beg)  
 11:45-12:40pm (Adv Beg)

### Intermediate & Advanced

**Gymnastics:** \*Instructor approval required\* These classes are designed to teach Intermediate & Advanced level gymnastic skills.

Monday 4:00-5:10pm (Int)  
 Tuesday 5:15-6:25pm (Int)  
 Wednesday 3:00-4:10pm (Adv 1)  
 4:15-5:25pm (Int)  
 6:45-7:55pm (Adv 2)  
 Thursday 5:30-6:40pm (Adv 1)  
 6:45-7:55pm (Int)  
 Saturday 9:45-10:55am (Adv 1)  
 11:00-12:10am (Int)

### Trampoline & Tumbling:

Basic trampoline & tumbling skills using a variety of trampolines and tumbling surfaces.

Monday 5:15-6:10pm  
 Int/Adv 6:15-7:25pm  
 Tuesday 4:15-5:10pm  
 Wednesday 5:00-5:55pm  
 Saturday 11:45-12:40pm

### Breakdancing: Ages 8 & Up

Wednesday 5:30-6:25pm

### Ninja Training: Ages 6-10

**Level 1**  
 Monday 4:30-5:25pm  
 Tuesday 6:45-7:40pm  
 Wednesday 6:30-7:25  
 Saturday 12:00-12:55pm  
**Level 2**  
 Monday 5:30-6:25pm  
 Thursday 7:00-7:55pm  
 Saturday 11:00-11:55am

WE ALSO  
 OFFER  
 Parent's Night  
 Out, School  
 Break Camps,  
 Private Les-  
 sons, and  
 birthday par-

## CLASSES FOR AGES 10 & UP

**Preteen/Teen Gymnastics:** Open to all skill levels.

Monday 7:15-8:10pm  
 Wednesday 7:00-7:55pm

**Preteen/Teen Tumbling & Trampoline:** Open to all skill level

Monday 3:30-4:25pm  
 Thursday 6:15-7:10pm

**Preteen/Teen Trampoline & Ninja**

Thursday 4:00-4:55pm

**SEE OTHER SIDE FOR DROP IN CLASSES & CLASSES FOR AGES 1-5 & SESSION DATES AND FEES**