

NORTHWEST AERIALS GYMNASTICS, DANCE, NINJA & TRAMPOLINE

SEPTEMBER 2017—JUNE 2018 SCHEDULE OF CLASSES

Session #1: September 11th-November 18th Session #2: November 20th-February 3rd

(No classes Thursday & Friday November 23rd & 24th and December 25th-January 1st)

Session #3: February 5th-April 14th

Session #4: April 16th-June 23rd (No classes Monday May 28th Memorial Day)

DROP-IN CLASSES: No pre-registration required.

Drop-In Fee: \$10/child/class

10 class card: \$90

(siblings may share one card, cards expire 90 days after day of purchase)

Extra Gym: Supervised, non-structured time in the gym.

Wednesday 2:30-3:30pm

Saturday 1:00-2:00pm

Wiggle Worms: For ages 1 - 3 1/2 *with parent*. This is a semi-structured class guided by an instructor.

Tuesday 9:30-10:10am

5:45-6:25pm

Wednesday 10:45-11:25am

Thursday 9:30-10:10am (2y/o & under)

10:30-11:10am

Saturday 9:15-9:55am

12:15-12:55pm

12440 128TH LANE NE
KIRKLAND, WA, 98034
NWAGYM@GMAIL.COM

REGISTER

Online at www.NWAERIALS.com

Phone: (425)823-2665

CLASS FEES

~Sessions are 10 weeks, Pre-Registration is required~

***\$40 annual registration fee

****One 40 or 55 minute class: \$190 per session

****One 70 minute class/week: \$230 per session

****One 85 minute class/week: \$260 per session

*Add a second class per week for the same child: \$50 off per session for the additional class

*Sibling discount: 10% off additional children (on full session tuition only)

*Small classes may be combined or cancelled.

*No refunds, transfers or credits.

CLASSES FOR 2-3 YEAR OLDS

Mighty Mites: Toddler gymnastics class without parent.

Monday 5:30-6:10pm

Tuesday 9:30-10:10am

4:00-4:40pm

6:00-6:40pm

Wednesday 9:15-9:55am

10:00-10:40am

10:45-11:25am

4:30-5:10pm

5:15-5:55pm

Thursday 5:30-6:10pm

Saturday 9:00-9:40am

10:00-10:40am

11:00-11:40am

Ballet/Gymnastics: ballet & creative movement and gymnastics in every class.

Wednesday 4:15-4:55pm

Saturday 11:00-11:40am

CLASSES FOR 3-5 YEAR OLDS

Ballet/Gymnastics: 30 minutes of dance & 25 minutes of gymnastics.

Wednesday 10:15-11:10am

Thursday 4:30-5:25pm

6:15-7:10pm

Saturday 10:00-10:55am

Ballet/Tap/Gymnastics: 30 minutes of ballet, & tap and 25 min. gymnastics.

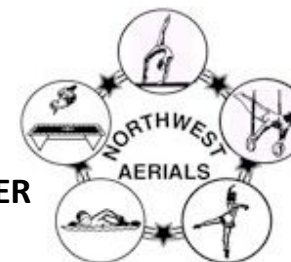
Tuesday 11:00-11:55am

Wednesday 9:15-10:10am

6:00-6:55pm

Saturday 10:00-10:55am

SEE OTHER SIDE FOR CLASSES FOR AGES 4 AND OLDER



CLASSES FOR 4-5 YEAR OLDS

Super Mites: Preschool gymnastics class following Mighty Mites.

Monday	3:30-4:25pm 6:30-7:25pm
Tuesday	4:30-5:25pm 6:30-7:25pm
Wednesday	9:45-10:40am 4:30-5:25pm
Thursday	9:30-10:25am
Saturday	9:00-9:55am 10:00-10:55am

Little Aerials: (age 4-6) *Instructor approval required* This is an intermediate gymnastics class that will prepare the gymnast for pre team.

Monday	4:30-5:25pm
Tuesday	6:30-7:25pm
Saturday	9:00-9:55am

Super Aerials:(age 4-8) *Instructor approval required* This is an advanced gymnastics class that will focus on the strength, flexibility, dance & basic skills needed for a future in competitive gymnastics.


Tuesday	4:00-5:25pm
Thursday	5:00-6:25pm

Lil' Ninjas: Ninja training class for beginners.

Monday	5:15-5:55pm
Tuesday	10:15-10:55am
Wednesday	5:15-5:55pm
Thursday	11:00-11:40am
Saturday	12:15-12:55pm

Trampoline & Tumbling: Basic trampoline & tumbling skills using a variety of trampolines and tumbling surfaces.

Wednesday	5:15-5:55pm
Thursday	4:15-4:55pm



WE ALSO OFFER Parent's
Night Out, School Break
Camps, Private Lessons,
and birthday parties!

CLASSES FOR 6-10 YEAR OLDS

Beginning & Advanced Beginning Gymnastics:

Beginning : No experience required
Adv Beg: Some experience required

Monday	6:15-7:10pm (Beg)
Tuesday	4:45-5:40pm (Adv Beg)
Wednesday	5:30-6:25pm (Beg) 3:30-4:25pm (Beg)
Thursday	3:30-4:25pm (Adv/Beg) 6:00-6:55pm (Adv Beg)
Saturday	4:00-4:55pm (Adv Beg) 9:45-10:40am (Beg) 11:45-12:40pm (Adv Beg)

Ballet

Thursday	6:30-7:25pm
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Ballet/Gym

Saturday	11:00-12:00pm
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Ballet/Tap

Saturday	11:30-12:25pm
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Intermediate & Advanced

Gymnastics: *Instructor approval required* These classes are designed to teach Intermediate & Advanced level gymnastic skills.

Tuesday	5:15-6:25pm (Int)
Wednesday	6:30-7:55pm (Adv)
Thursday	4:30-5:40pm (Int)
Saturday	5:45-6:55pm (Int)
	6:00-7:25pm (Adv)
Thursday	6:00-7:10pm (Int)
Saturday	10:45-11:55am(Int)
	10:45-12:10pm(adv)

Boys Gymnastics:

Tuesday	5:00-5:55pm
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Ninja Training: Ages 6-10

Monday	4:30-5:25pm
Tuesday	5:30-6:25pm
Wednesday	4:00-4:55pm
Thursday	6:45-7:40pm
Saturday	7:00-7:55pm
	12:00-12:55pm

Trampoline & Tumbling:

Basic trampoline & tumbling skills using a variety of trampolines and tumbling surfaces.

Monday	5:15-6:10pm
Tuesday	Int/Adv 6:15-7:10pm
Wednesday	4:15-5:10pm
Saturday	5:15-6:10pm
	11:45-12:40pm

Level 2 Gymnastics: *Instructor permission required* Gymnasts in this group are proficient at advanced level skills and will learn the USA Gymnastics Level 2 routines and will compete in a couple of local competitions.

Monday	6:00-7:40pm
Wednesday	3:30-5:10pm

Fees for Level 2:

1) 2 classes/week: \$375/session
2) \$250 team fee (includes leotard & entry fees to 3 competitions)

Home- school Trampoline/

Gymnastics: This class is open to all skill levels and will work on the trampoline, bars, vaulting, and tumbling.

Thursday	11:45-12:40pm
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Fees for Homeschool classes:

1 class/week: \$150/session
2 classes/week: \$240/session

CLASSES FOR AGES 10 & UP

Preteen/Teen Gymnastics: Open to all skill levels.

Monday	7:15-8:10pm
Wednesday	7:00-7:55pm

Breakdancing: Ages 10 & Up

Wednesday	5:30-6:25pm
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Preteen/Teen Tumbling & Trampoline: Open to all skill levels.

Tuesday	6:45-7:40pm
Thursday	7:15-8:10pm

SEE OTHER SIDE FOR DROP IN CLASSES & CLASSES FOR AGES 1-5 & SESSION DATES AND FEES