

# NORTHWEST AERIALS GYMNASTICS, DANCE, NINJA & TRAMPOLINE

## SEPTEMBER 2017—JUNE 2018 SCHEDULE OF CLASSES

Session #1: September 11th-November 18th Session #2: November 20th-February 3rd

(No classes Thursday & Friday November 23rd & 24th and December 25th-January 1st)

Session #3: February 5th-April 14th

Session #4: April 16th-June 23rd (No classes Monday May 28th Memorial Day)

### DROP-IN CLASSES: No pre-registration required.

**Drop-In Fee: \$10/child/class**

**10 class card: \$90**

(siblings may share one card, cards expire 90 days after day of purchase)

**Extra Gym:** Supervised, non-structured time in the gym.

Wednesday 2:30-3:30pm

Saturday 1:00-2:00pm

**Wiggle Worms:** For ages 1 - 3 1/2 \*with parent\*. This is a semi-structured class guided by an instructor.

**Tuesday** 9:30-10:10am

5:45-6:25pm

**Wednesday** 10:45-11:25am

**Thursday** 9:30-10:10am (2y/o & under)

10:30-11:10am

**Saturday** 9:15-9:55am

12:15-12:55pm

12440 128TH LANE NE  
KIRKLAND, WA, 98034  
NWAGYM@GMAIL.COM

REGISTER

Online at [www.NWAERIALS.com](http://www.NWAERIALS.com)

Phone: (425)823-2665

### CLASS FEES

~Sessions are 10 weeks, Pre-Registration is required~

\*\*\*\$40 annual registration fee

\*\*\*\*One 40 or 55 minute class: \$190 per session

\*\*\*\*One 70 minute class/week: \$230 per session

\*\*\*\*One 85 minute class/week: \$260 per session

\*Add a second class per week for the same child: \$50 off per session for the additional class

\*Sibling discount: 10% off additional children (on full session tuition only)

\*Small classes may be combined or cancelled.

\*No refunds, transfers or credits.

### CLASSES FOR 2-3 YEAR OLDS

**Mighty Mites:** Toddler gymnastics class without parent.

Monday 5:30-6:10pm

Tuesday 9:30-10:10am

4:00-4:40pm

6:00-6:40pm

Wednesday 9:15-9:55am

10:00-10:40am

10:45-11:25am

4:30-5:10pm

5:15-5:55pm

Thursday 5:30-6:10pm

Saturday 9:00-9:40am

10:00-10:40am

11:00-11:40am

**Ballet/Gymnastics:** ballet & creative movement and gymnastics in every class.

Wednesday 4:15-4:55pm

Saturday 11:00-11:40am

### CLASSES FOR 3-5 YEAR OLDS

**Ballet/Gymnastics:** 30 minutes of dance & 25 minutes of gymnastics.

Wednesday 10:15-11:10am

Thursday 4:30-5:25pm

6:00-6:55pm

Saturday 10:00-10:55am

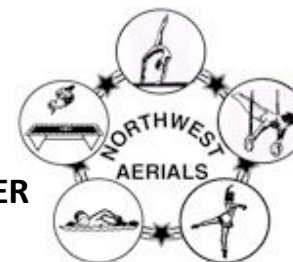
**Ballet/Tap/Gymnastics:** 30 minutes of ballet, & tap and 25 min. gymnastics.

Tuesday 11:00-11:55am

Wednesday 9:15-10:10am

6:00-6:55pm

SEE OTHER SIDE FOR CLASSES FOR AGES 4 AND OLDER



## CLASSES FOR 4-5 YEAR OLDS

**Super Mites:** Preschool gymnastics class following Mighty Mites.

Monday	3:30-4:25pm 6:30-7:25pm
Tuesday	4:30-5:25pm 6:30-7:25pm
Wednesday	9:45-10:40am 4:30-5:25pm
Thursday	9:30-10:25am
Saturday	9:00-9:55am 10:00-10:55am

**Little Aerials: (age 4-6)** \*Instructor approval required\* This is an intermediate gymnastics class that will prepare the gymnast for pre team.

Monday	4:30-5:25pm
Tuesday	4:00-4:55pm 6:30-7:25pm
Saturday	9:00-9:55am

**Super Aerials:(age 4-8)** \*Instructor approval required\* This is an advanced gymnastics class that will focus on the strength, flexibility, dance & basic skills needed for a future in competitive gymnastics.

Thursday	5:00-6:25pm
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**Lil' Ninjas:** Ninja training class for beginners.

Monday	5:15-5:55pm
Tuesday	10:15-10:55am 5:15-5:55pm
Wednesday	5:15-5:55pm 6:00-6:55pm
Thursday	11:00-11:40am
Saturday	12:15-12:55pm

**Trampoline & Tumbling:** Basic trampoline & tumbling skills using a variety of trampolines and tumbling surfaces.

Wednesday	5:15-5:55pm
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WE ALSO OFFER  
Parent's Night Out,  
School Break Camps,  
Private Lessons, and  
birthday parties!

## CLASSES FOR 6-10 YEAR OLDS

**Beginning & Advanced Beginning Gymnastics:**

Beginning : No experience required  
Adv Beg: Some experience required

Monday	6:15-7:10pm (Beg)
Tuesday	4:45-5:40pm (Adv Beg) 5:30-6:25pm (Beg)
Wednesday	3:30-4:25pm (Beg) 3:30-4:25pm (Adv/Beg) 6:00-6:55pm (Adv Beg)
Thursday	4:00-4:55pm (Adv Beg) 5:00-5:55pm (Beg)
Saturday	9:45-10:40am (Beg) 11:45-12:40pm (Adv Beg)

**Ballet**

Thursday	6:30-7:25pm
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**Ballet/Gym**

Saturday	11:00-12:00pm
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**Ballet/Tap**

Saturday	11:30-12:25pm
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**Intermediate & Advanced**

**Gymnastics:** \*Instructor approval required\* These classes are designed to teach Intermediate & Advanced level gymnastic skills.

Tuesday	5:15-6:25pm (Int) 6:30-7:55pm (Adv)
Wednesday	4:30-5:40pm (Int) 5:45-6:55pm (Int) 6:00-7:25pm (Adv)
Thursday	6:00-7:10pm (Int)
Saturday	10:45-11:55am(Int) 10:45-12:10pm(adv)

**Boys Gymnastics:**

Tuesday	5:00-5:55pm
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**Ninja Training: Ages 6-10**

Monday	4:30-5:25pm 5:30-6:25pm
(Advanced) Tuesday	5:30-6:25pm
Tuesday	4:00-4:55pm
Wednesday	6:45-7:40pm
Thursday	7:00-7:55pm
Saturday	12:00-12:55pm

**Trampoline & Tumbling:**

Basic trampoline & tumbling skills using a variety of trampolines and tumbling surfaces.

Monday	5:15-6:10pm Int/Adv 6:15-7:10pm
Tuesday	4:15-5:10pm
Wednesday	5:15-6:10pm
Saturday	11:45-12:40pm

**Level 2 Gymnastics:** \*Instructor permission required\* Gymnasts in this group are proficient at advanced level skills and will learn the USA Gymnastics Level 2 routines and will compete in a couple of local competitions.

Monday	6:00-7:40pm
Wednesday	3:30-5:10pm

Fees for Level 2:

1) 2 classes/week: \$375/session  
2) \$250 team fee (includes leotard & entry fees to 3 competitions)

**Homeschool Trampoline/**

**Gymnastics:** This class is open to all skill levels and will work on the trampoline, bars, vaulting, and tumbling.

Thursday	11:45-12:40pm
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Fees for Homeschool classes:

1 class/week: \$150/session

## CLASSES FOR AGES 10 & UP

**Preteen/Teen Gymnastics:** Open to all skill levels.

Monday	7:15-8:10pm
Wednesday	7:00-7:55pm

**Breakdancing: Ages 10 & Up**

Wednesday	5:30-6:25pm
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**Preteen/Teen Tumbling & Trampoline:** Open to all skill levels.

Tuesday	6:45-7:40pm
Thursday	7:15-8:10pm

**Preteen/Teen Trampoline & Ninja**

Thursday	4:00-4:55pm
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**SEE OTHER SIDE FOR DROP IN CLASSES & CLASSES FOR AGES 1-5 & SESSION DATES AND FEES**