



NORTHWEST AERIALS GYMNASTICS, DANCE & TRAMPOLINE

SEPTEMBER 2016—JUNE 2017 SCHEDULE OF CLASSES

12440 128TH LANE NE*KIRKLAND, WA*98034*NWAGYM@GMAIL.COM

REGISTER ONLINE www.NWAERIALS.com or by calling (425)823-2665

Session #1: September 12th-November 19th

Session #2: November 21st-February 4th

(No classes Thursday & Friday November 24th & 25th and December 24th-January 2nd)

Session #3: February 6th-April 15th

Session #4: April 17th-June 24th

(No classes Monday 29th Memorial Day)

Class Schedule for ages 4 & up on reverse side

CLASSES FOR 1 to 3 1/2 YEAR OLDS WITH PARENT

WIGGLE WORMS

1 to 3 1/2 years Gymnastics Class with parent or caregiver

This is a parent/child participation class, (infants in baby carriers are permitted) guided by an instructor. This is a drop in class, no pre registration required. This is a semi-structured class, care giver must be in arms reach of child at all times. For open play please join us for extra gym.

Tuesday	9:30-10:15am				
	11:00-11:45am*Dance & Gymnastics	Wednesday	10:45-11:30am	Thursday	9:30-10:15am (class for under 2yrs old)
	5:45-6:30pm				10:30-11:15am
				Saturday	4:15-5:00pm
					9:15-10:00am
					12:15-1:00pm

Fee: Drop In: \$10/child/class 10 class card (Cards expire 90 days from day of purchase): \$90 (siblings may share card)

CLASSES FOR 2 & 3 YEAR OLDS WITHOUT PARENT

Registration is by the 10 week session, pre registration is required

Mighty Mites: 2 & 3 year olds

Toddler gymnastics class without parent.

Monday	5:15-6:00pm
Tuesday	9:30-10:30am (ages 3-5)
	11:00-11:45am
	4:15-5:00pm
	6:45-7:30pm
Wednesday	9:15-10:00am
	10:00-10:45am
	10:45-11:30am
	4:30-5:15pm
Saturday	9:15-10:00am
	10:00-10:45am
	11:00-11:45am

Ballet/Gymnastics: 2 & 3 year olds

30 minutes of pre ballet & creative movement and 30 minutes of gymnastics.

Tuesday	11:00-12:00pm (ages 3-5)
Wednesday	2:00-3:00pm (ages 3-5)
	4:00-5:00pm (ages 3-5)
Saturday	9:00-10:00am (ages 3-5)
	11:15-12:15pm (ages 3-5)

Ballet/Tap/Gymnastics: 2 & 3 year olds

15 minutes of ballet, & tap and 30 min. gymnastics.

Tuesday	10:30-11:30am
	6:00-7:00pm (ages 3-5)
Wednesday	9:45-10:45am
	10:45-11:45am (ages 3-5)
	5:15-6:15pm (ages 3-5)
Saturday	10:00-11:00am

Hip Hop/Gymnastics: Ages 3-5

30 minutes of hip hop and 30 minutes of gymnastics

Wednesday	5:15-6:15pm
Thursday	4:30-5:30pm (ages 3-5)
Saturday	9:30-10:30am

Fees for the classes:

Sessions are 10 weeks

1-45 or 60 minute class/week:

\$185 session/class

*Add a second class per week for the same child:

\$60 off per session for the additional class

Sibling discount: 10% off additional children

(on full session tuition only)

\$40 annual registration fee

(T-shirt included in registration fee)

Small classes may be combined or cancelled.

*No refunds, transfers or credits.

We also offer: Parent Night Out, School Break Camps, Private Lessons & Birthday Parties

EXTRA GYM (Supervised, non structured time in the gym): Drop In: \$10/person 10 visit punch card: \$90

Friday 7:30-8:30pm Saturday 1:00-2:00pm

*A registration card or online account must be completed.

CLASSES FOR 4-5 YEAR OLDS

Super Mites: 4-5 year olds

Preschool gymnastics class .

Monday 3:30-4:30pm

6:00-7:00pm

Tuesday 9:30-10:30am

4:30-5:30pm

6:30-7:30pm

Wednesday 9:45-10:45am

2:30-3:30pm

Thursday 9:30-10:30am

Saturday 10:00-11:00am

Ballet/Gymnastics: 3-5 year olds

30 minutes of ballet & 30 minutes of gymnastics.

Tuesday 11:00-12:00pm

Wednesday 2:00-3:00pm

4:00-5:00pm

Saturday 11:15-12:15pm

Hip Hop/Gymnastics: Ages 3-5

30 minutes of hip hop and 30 minutes of gymnastics

Wednesday 5:15-6:15pm

Thursday 4:30-5:30pm

Saturday 9:30-10:30am

Ballet/Tap/Gymnastics:

45 minutes of Dance (Ballet & Tap) and 30 minutes of gymnastics

Tuesday 6:00-7:00pm (ages 3-5)

Wednesday 10:45-11:45a m (ages 3-5)

5:15-6:15pm (ages 3-5)

Saturday 10:00-11:15am

Lil' Ninjas : Ages 4-5

Monday 5:15-6:00pm

Wednesday 4:45-5:30pm

Thursday 11:00-11:45am

Saturday 12:15-1:00pm

Trampoline & Tumbling: 4-5 year olds

Basic trampoline & tumbling skills using a variety of trampolines and tumbling surfaces.

Monday 5:45-6:30pm

Wednesday 5:30-6:15pm

Thursday 11:00-11:45am

5:30-6:15pm

Little Aerials: Ages 3.5-6

Instructor approval required. This is an intermediate gymnastics class that will prepare the gymnast for pre team.

Monday 4:15-5:15pm

Tuesday 6:30-7:30pm

Saturday 9:00-10:00am

Super Aerials: Ages 4-8

Instructor approval required. This is an advanced gymnastics class that will focus on the strength, flexibility, dance & basic skills needed for a future in competitive gymnastics.

Wednesday 2:30-4:00pm

Thursday 4:00-5:30pm

Saturday 11:00-12:30pm

CLASSES FOR 6-10 YEAR OLDS

Beginning & Advanced Beginning Gymnastics:

Beginning : No experience required

Adv Beg: Some experience required

Monday 6:15-7:15pm (Beg)

Tuesday 11:45-12:45am

4:30-5:30pm (Adv Beg)

5:30-6:30pm (Beg)

Wednesday 3:00-4:00pm (Beg)

3:30-4:30pm (Adv Beg)

5:30-6:30pm (Beg)

Thursday 6:15-7:15pm (Adv Beg)

4:00-5:00pm (Adv Beg)

5:00-6:00pm (Beg)

Saturday 9:45-10:45am (Beg)

10:15-11:15am (Adv Beg)

Boys Gymnastics Classes:

Tuesday 5:00-6:00pm

Trampoline & Tumbling:

Basic trampoline & tumbling skills using a variety of trampolines and tumbling surfaces.

Monday 5:15-6:15pm

(Int/Adv) 6:30-7:30pm

Tuesday 4:15-5:15pm

Wednesday 5:15-6:15pm

Thursday (Int/Adv) 4:00-5:30pm

Saturday 12:00-1:00pm

Ninja Training: Ages 6-10

Monday (ADV) 4:30-5:30pm

5:30-6:30pm

Wednesday 6:15-7:15pm

Thursday 5:30-6:30pm

Saturday 12:00-1:00pm

Breakdancing: Ages 10 & Up

Wednesday 5:30-6:30pm

Homeschool Classes:

Ages 6-12 These classes are open to all skill levels.

Trampoline & Gymnastics: This class will work on the trampoline, bars, vaulting, and tumbling.

Wednesday 2:00-3:00pm

Fees for Homeschool

Classes:

1 class/week: \$140/session

2 classes/week: \$220/session

Ballet:

Tuesday 4:00-5:00pm

Ballet/Gym

Saturday 11:15-12:15pm

Ballet/Tap:

Saturday 11:45-12:45pm

Ballet/Tap/Gymnastics:

Saturday 11:15-12:45pm

Ballet/Jazz

Thursday 5:30-6:30pm

Hip Hip/Gym:

30 min hip hop & 60 min of gymnastics

Wednesday 3:00-4:30pm

Intermediate & Advanced Gymnastics: Ages 6-13* Teacher Approval required.

These classes are designed to teach Intermediate & Advanced level gymnastic skills.

Tuesday 5:15-6:30pm (Int)

6:30-8:00pm (Adv)

Wednesday 4:00-5:15pm (Int)

6:15-7:45pm (Adv)

Thursday 4:00-5:30pm (Adv)

6:00-7:15pm (Int)

Saturday 10:45-12:00pm(Int)

10:45-12:15pm(Adv)

Level 2 Gymnastics: Ages 5-12 Instructor permission required.

Gymnasts in this group are proficient at advanced level skills and will learn the USA Gymnastics

Level 2 routines and will compete in a couple of local competitions.

Monday 6:00-7:45pm

Tuesday 5:00-6:45pm

Wednesday 3:00-4:45pm

Fee:

2 classes/week: \$375/session

*\$250 team fee (includes leotard

& entry fees to 3 competitions)

CLASSES FOR 10 YEAR OLD & UP

Preteen/Teen Gymnastics:

Ages 10-15

This class is open to all skill levels.

Monday 7:15-8:15pm

Wednesday 4:30-5:30pm

Breakdancing: Ages 10 & Up

Wednesday 5:30-6:30pm

Preteen/Teen

Tumbling & Trampoline:

Ages 10-15

Open to all skill levels.

Tuesday 3:30-4:30pm

7:30-8:30pm

Ninja Training Advanced:

Monday 4:30-5:30pm

Adult Gymnastic:

Ages 16 & Up

Monday 7:30-8:30pm

Fees for the classes: Sessions are 10 weeks

1-45 or 60 minute class/week: \$185 session/class

1-75 minute class/week: \$215/session/class

1-90 minute class/week: \$245/session/class

*Add a second class per week for the same child: \$60 off per session for the additional class

Sibling discount: 10% off additional children (on full session tuition only)

\$40 annual registration fee (T-shirt included in registration fee)

Small classes may be combined or cancelled. *No refunds, transfers or credits.

We also offer: Parent Night Out, School Break Camps, Private Lessons & Birthday Parties